



Recovery Happens! Rocklands CARES has seen triumphs in recovery firsthand. Throughout the years, part of our mission has always been to provide resources to the Rockland community affected by substance use disorder. Our goal is to be part of the solution in any way we can. Our scholarship program provides people with a connection to Rockland with financial support towards sober living.

Rockland C.A.R.E.S. Recovery Support Program

Here's how it works...

We believe everyone has it in them to find recovery. Not everyone has the resources available to help make this a reality, however. We want to help!

People who are seeking assistance in the recovery process can **reach out to Rockland C.A.R.E.S. at rocklandcares@yahoo.com or message us on Facebook.** We are also seeking suggestions from individuals or addiction assistance programs that know someone who might be a good candidate for the program. **Please provide a completed application (page 3) and ensure your contact info and case manager contact info if applicable is included.**

Why focus on Recovery support?

Addiction impacts over 21 million lives in America and only 10% of those people seek treatment. Of those that do receive treatment, the majority do not see successful treatment outcomes. These low success rates are a direct result of the lack of effective tools to manage life after the typical 28-day inpatient treatment ends.

For those who do undergo treatment, most insurance plans only cover 28 days of rehab. But individuals who return home after a 28-day treatment to the same social circle and the same triggers maintain a lower rate of sobriety than clients who transition to sober living. Studies suggest that sobriety rates for individuals who transition to a sober living facility are 40% better than for those who don't.

Health experts estimate that it can take up to 18 months for the brain to fully recover from the effects of addiction. Drug use can structurally damage the brain's dopamine system and prefrontal cortex. Even after recovering, psychological effects from drug use can persist. Structured sober living transitional housing has proven to be helpful in empowering people with the additional tools necessary for a successful life in recovery.

Qualities of applicants:

- Those we choose to help through this program must be a current or former Rockland Resident
- Complete all treatment goals
- Follow all treatment facility/sober living organization rules
- Be a peer leader
- Be of service to others
- Develop a strong recovery plan
- Motivated for a life in recovery

To the best of our ability, we will help with:

Financial assistance! We will provide a scholarship that will help pay towards getting you into a sober living or a recovery home to help you get back on your feet.

Your journey to recovery! Where do you begin? How do you find an opening at a recovery home? We can help make connections for you and lead you in the right direction.

We will stay in touch throughout to check in on your recovery process! We know you are invested in your recovery, and we want you to know ... we are too!

Together, we are better. Together, recovery happens.

If you are interested in donating to this program and sponsoring someone in recovery please reach out to us at rocklandcares@yahoo.com.

FAQs:

- When a scholarship is awarded, The Rockland CARES Executive Board will work directly with the sober living organization.
- The Rockland C.A.R.E.S. board of directors will review each application and decide what appropriate level of assistance, if any, can be provided based on each individual case.

Our goal with the scholarship program is to remove the financial barrier when transitioning from detox/rehab treatment to the next steps in your recovery. This scholarship helps allow time for you to secure employment and gain the ability to independently financially support rent. The scholarship recipient is required "check in" after two weeks with an update to Rockland CARES.



Application

Date:

Name:

Phone:

Email:

Case Manager Name and contact (If applicable):

Sober Living Organization:

Name of Org:

Name of Contact:

Contact information:

Tell us about your connection to Rockland:

Tell us about your previous experience(s) with rehab/detox:

What brought you here today?

Why is this opportunity important to you?:

How did you hear about us?